Dear Parents,

We welcome Mrs Darby back from long service leave this week. Her trip to Africa was very exciting and productive. The Darbys took 23kg of donated school supplies from our community to distribute to schools she visited during her trip. The first parcel went to St Teresa’s Catholic school in Livingston, the second to a school associated with the Kuzuri bead workshop in Karen, Nairobi and the third went to Rosie, a teacher in Samburu village. Mrs Darby also asked people to put in orders for ‘Kuzuri beads’ before she left and by supporting this business we were able to support the good work being done employing women in that community, which means their children get to go to school. The amount bought must have been some kind of record and will go a long way to supporting this community. Last Friday we thanked Mr Lee, aka Mr Tickle and Superman, for teaching the K/1 class in Sue’s absence. Mr Lee will be back working with us in Term 4. We appreciated the time and energy he has put into keeping our K/1 class on track and for joining in our dress-up days with enthusiasm.

**PYJAMA DAY:**
Last Friday’s Pyjama Day was a great success. We raised $47 as well as providing a great variety of toiletries to support St Vincent de Paul. It once again shows that even though we are a small community we are still able to make a big difference. Some pictures of the students and staff are below.
SCHOOL SOCIAL: Last week I sent home a reminder about our school social. Please note it on your calendars at home. It is next Thursday 15th September, starting at 6pm. Parents are most welcome to stay, as our Parent Assembly representatives are offering refreshments and cheese in the Library. Students can dress up as M, S or J for the occasion.

WORD KIDS UP FOR RESILIENCE - Michael Gros: A few weeks ago I wrote about a book I was reading by Michael Gros called Teach Your Kids to Shrug! The following extract is also from that book.

Children and teenagers need a specific vocabulary to describe their emotions and feelings. The better that vocabulary, the better placed they will be to manage those emotions and feelings.

The challenge for you as parents is to help kids of all ages find the right words to use when describing their state of mind. Move them beyond general phrases to use specific terms about their emotional health.

You can do this through suggestion (‘Perhaps you are feeling overwhelmed with your busy schedule’) and modelling. Make sure they hear you use a variety of terms to describe your emotional wellbeing.

Reflective listening is also a great technique to build kids’ emotional vocabularies. When they are obviously emotional about an issue, reflect to them the way they might be feeling, using the most specific words you can.

I hope that some of this resonates with your experience. The benefit I have of coming across issues at school is that I can often talk with all students involved. As parents, you have to listen to your children tell their version of events and try and reflect what they are feeling.

Regards,

Nathan Trezise
Principal

CAKE TROLLEY: Our annual Cake Trolley, which is a fantastic P&F fundraiser, will be held next Thursday 15th September. We are calling for donations of home-made (no shop-bought items please) fancy cakes, slices or biscuits to be sent in to school on Wednesday afternoon if possible or Thursday morning before school at the latest, and a team of workers will slice them up and arrange them on trays. The cake trays will be sold at local businesses for $10 each. We are quite renowned for our lovely cooking, so please give this very popular fundraiser your support! If your business would like to order a tray, please contact the school. If you will be available to help with cutting up the cakes on the Thursday morning, please let us know. Last year we sold 63 trays of cakes, so we are counting on your support to make this year’s trolley just as successful!

K-2 VISIT TO PRIMARY SCHOOL – CHILD PROTECTION WEEK: Dorrigo Public School hosted a Teddy Bears’ Picnic today, with a focus on Child Protection. The K-2 students and their favourite teddy bears walked to the Public School and enjoyed visits from the Police, Fire truck and ambulance, followed by shared eating time with Teddy Bears and tabloid / picnic games during lunch time.

STAFF DEVELOPMENT DAY: We are having a pupil-free staff development day on the last
day of Term 3, Friday 23rd September. Staff will be participating in professional learning supporting students with additional needs. Please mark this date in your calendars.

LIBRARY COLOURING-IN COMPETITION WINNERS: Congratulations to the following students, who won prizes from the Dorrigo Library for their colouring-in competitions: Indyka Willson-Baker, Poppy Dickings, Payton Lawler & Rocco Stockton.

CANTEEN: Thank you to this week’s canteen volunteers, who are Megan Francis & Georgina Kedzlie, and our muffin-baker, who is Georgina Kedzlie. A reminder that canteen volunteers should be at the school by 9:00am to tally up orders. If you are unable to do your rostered day, please organise to swap with another volunteer or find a replacement. The canteen roster for Term 3 is included at the end of this newsletter. We are very short of canteen volunteers – if anyone else is available to assist on one of the Fridays, please let us know.

COFFS HARBOUR RUNNING FESTIVAL: We are very excited to announce that our school won the award for most number of students entered per school enrolment at the Coffs Coast running festival on the weekend! We had 8 students participate in the festival (see photo above) and they all ran really well. A representative of the organisers will be coming to next Tuesday’s assembly to present us with the award.

BEFORE-SCHOOL P.E. PROGRAM: A reminder that our school is holding a Physical Education program held before school three mornings each week. These activities are being held on Tuesday, Wednesday & Thursday mornings from 8:30am. Students should wear their running shoes to school and bring their school shoes and a change of socks (as the grass is often wet in the mornings). Our Live Life Well @ School funding has also enabled us to offer a free breakfast for students each Thursday morning.

LIBRARY DAY: Library for each class is held on the following days:
- K/1 – Friday
- Year 2 – Friday
- Year 3 – Wednesday
- Year 4/5/6 – Thursday
Please remind your child/ren to return their books on their library day. A Skoolbag alert reminder is sent out each morning at around 7:45am.

SCHOOL FEES: Term 3 fees are due tomorrow, Friday 9th September, unless you are paying regular direct deposit amounts. Reminders are being sent home today. If you feel you may have difficulty in finalising your Term 3 fees by this date, please contact Mr Trezise. For internet banking payments, the school’s details are:
- Bank name: Banancoast Community Credit Union
- BSB no. 704-328
- Account no. 76986
  (if paying from a BCU account, please specify our S10 account)
When using Internet banking, please use your child’s surname as a reference.
- 1 student – $252.50 per term
- 2 students – $430.00 per term
- 3 or more students – $530.25 per term

GOOD LEARNING AWARDS: Class awards went to Cash Gibson for taking care to think about solutions to questions without rushing; Marshall Parker for an excellent effort to improve his reading; Danyella Young for insightful contributions to class mathematical discussions; and Cooper Guest for developing efficient mathematical strategies in addition, subtraction and multiplication problems.

COMING EVENTS:

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<th>DATE</th>
<th>EVENT</th>
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<tr>
<td>Sept 8th</td>
<td>K-2 visit to Public school – Child Safety focus</td>
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<tr>
<td>Sept 9th</td>
<td>Term 3 school fees due</td>
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| Sept 15th | • P&F Cake Trolley  
• School Social, 6pm-8pm |
| Sept 18th | Family Mass, 10am |
| Sept 22nd | Hot Dog Day |
| Sept 23rd | Pupil-free staff development day |
A NOTE FROM OUR MUSIC TEACHERS:
Dr Sheila Guymer is available to teach piano and music theory on Tuesday, Wednesday, and Thursday afternoons – she also has a studio in town near the tennis courts, if anyone would prefer lessons after school. Mr Rob Harpley is available on Monday and Wednesday afternoons for guitar and music theory students. You can contact Sheila on ph. 0401 827 625 or smg62@cam.ac.uk or Rob on ph. 6775 9282 or robhply1959@dodo.com.au

NEW BUS TRAVEL PROCEDURE: All bus applications are now online – the blue bus forms are no longer used. To update your details, go to www.transport.nsw.gov.au/ssts/updatedetails
For more information, call 131500.

PARISH MASSES: Sunday Mass – 10:00am. All are welcome.

GFS: GFS is an after-school kids club focusing on “God, Friends, Self”. It’s held every Wednesday in term time from 3-5pm in the Anglican Hall for children in Kinder to Year 7. Food, worship games and craft. For more information, ring Gwenneth on 66572135.

MOUNTAIN TOP SWAP MEET & CAR BOOT SALE: Swap meets are community events where people come together to buy swap and sell goods, such as car, truck, tractor and bike parts, general household and personal items, sporting goods and all manner of bric-a-brac. They are also often referred to as car boot sales. It’s like a giant garage sale. Dorrigo RSL sub branch is holding this swap meet on Sun 2nd Oct 2016 at DORRIGO SHOWGROUND. Gates open 8.00am. Set up from 2.00pm on Sat 3rd Oct
Entrance fee – Adults $5.00 Families - $15.00 Children under 12 - free
This is the Sub Branch’s main fundraising activity for the year to support the ex-service community on the Plateau.
Seller sites included in entrance fee. All goods welcome - buy, swap or sell anything and everything. Breakfast & lunch available from 7.00am on Sunday 2nd
Sorry; no private food or drink stalls or raffles. For more information, contact Bob Denner on 6657 1145 or 0429 406 535 rdenner@bigpond.net.au

JUNIOR SOCCER PRESENTATION: A reminder that the Dorrigo Highlanders Football Club presentation for all junior teams will be held this Sunday 11th Sept at the Rec Ground. The day kicks off at 11am with all the fun of an inflatable rock climbing wall, with BBQ lunch to follow and official presentation at approx 1pm. Michele Kellett, on behalf Dorrigo Highlanders Football Club